

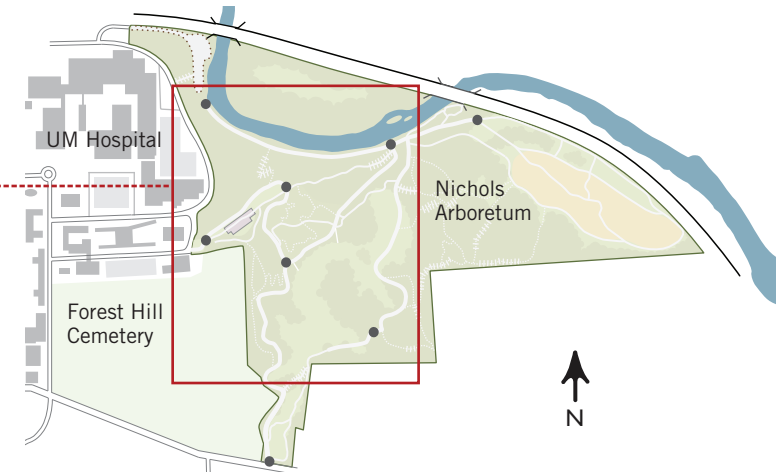
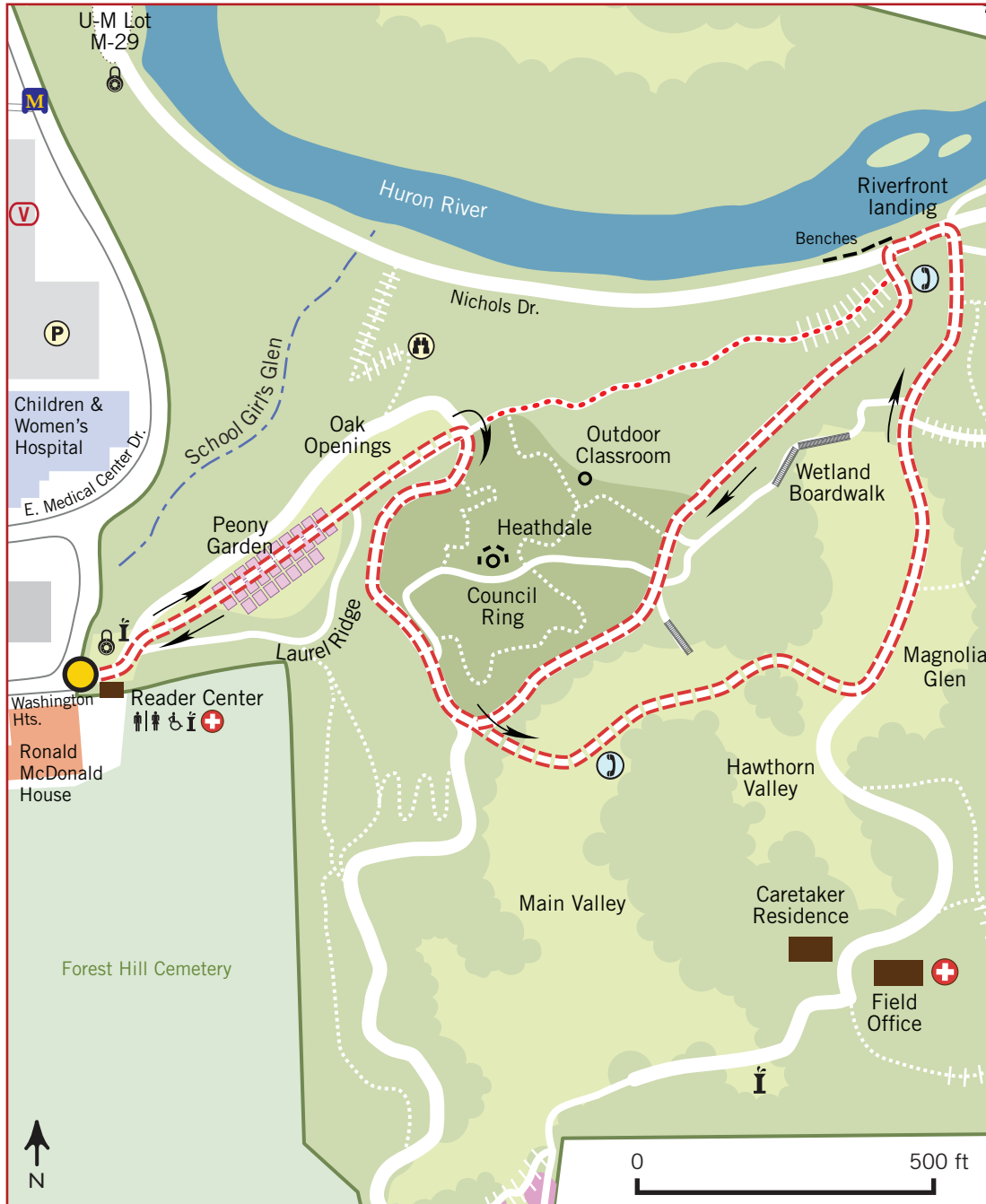
# Nichols Arboretum Walking Trail Guide

INCREASING WELLNESS & REDUCING STRESS

UNIVERSITY OF MICHIGAN  
Matthaei Botanical gardens  
and Nichols arboretum

1610 Washington Heights  
Ann Arbor MI 48104  
Phone: 734-647-7600  
Website: mbgna.umich.edu

## Trail 3: Forest and Valley Walk • Medium to Difficult



### Forest & Valley Walk Overview

Starting from the Washington Heights entrance, this route provides a wide perspective of the environs of Nichols Arboretum. Highlights you will encounter include the Main Valley; a peek into Hawthorn Valley (look beyond the cedars); a wide variety of trees; the Magnolia Tree collection; the Riverfront Landing; and the beauty of the woods and fields in the Arboretum. The difficulty in this route for some will be the walk down the stairs to the main valley as well as the gradual uphill walk from the river returning to the entrance.

Trail Information	Features	Trail
Length: 30 minutes	Bathroom	Primary Route
1.5 mile	Drinking Fountain	Alternate Route
Difficulty: Medium to Difficult	Bike Rack	Circulation
Material: Wood Chips	Scenic Overlook	Start here
Fine Gravel	Permit Parking	Primary Trail
Grassland	First Aid	Secondary Trail
Compacted Soil	Emergency Phone	Rustic Path
	Visitor Parking	Steep
	UM Bus stop	