



Every Day Outdoors



Every Day Outdoors is back for 2026!



We invite you to go outside and embrace the season! Enjoy the outdoors however you like, but if you need inspiration, we invite you to use these prompts below.



Notice winter sounds	FREE DAY!	Go bird-watching	Start your day outside	Slide around on snow	Spot an animal outside
Have a winter picnic	Look at the night sky	Hug a tree	Play a game outside	Do an outdoor photo shoot	Explore ice
Explore winter textures	Practice mindfulness outside	Follow animal tracks	Find a big tree	Look for buds	Find colors in gray clouds
Enjoy a warm beverage outside	Create an ice sculpture	Build an animal out of snow	Journal outside	See art in nature	Be creative with found objects
Make a nature color palette	Identify trees	Make ice cream from snow	Find something maize	FREE DAY!	Winter dance party



Take an outdoor walk

Follow along on Instagram as we celebrate every day in January! Don't forget to tag @MatthaeiNichols and use #EveryDayOutdoorsUM to share your journey. Visit the front desk to pick up a free sticker as a thank you for participating!

